Release of Information



Version 05/11/2025				CARL			
Client Name			Client ID# (optio	nal)			
Phone#			Date of Birth				
Address			Legal Guardian				
City/State/Zip			LG Phone#				
This release authorizes the exchange of my health information:							
	☐ From ☐ To		☐ From	□ То			
Organization/Person	Alpha Care LLC	Organization/Po	erson				
Address	7760 France Ave S STE 1100	Phone #					
City/State/Zip	Bloomington, MN, 55435	Address					
Phone #	+1 (651) 797-0915	City/State/Zip					
Email	info@alphacarellc.org	Email					
* Alpha does not release any information by Fax.							
,	,						
Health Information to be Released by the Methods Indicated:		Dates of Records to be Released:					
☐ I authorize my information to be released via by email*		Start Date		End Date			
☐ I authorize my information to be released in writing							
☐ I authorize my information to be released verbally							

*By checking this box, I acknowledge that while Alpha uses a HIPAA secure email system, email may not be a secure method of communication, and that the sender/receiver of my health information cannot guarantee the privacy of any information.

For the Purpose of:	Records to Release:		
☐ Treatment Planning & Care Coordination	☐ Diagnostic Assessments		
☐ Payment/Insurance	☐ Functional Assessments		
☐ Legal	☐ Individual Treatment Plans		
☐ Client Request	☐ Dates and Costs of Service		
☐ Other:	☐ Other:		

By signing this release, I acknowledge that:

- I have a right to revoke this authorization at any time by sending written notification to Alpha Counseling Inc. I understand
 that a revocation of the authorization is not effective to the extent that action has been taken in reliance on the
 authorization.
- Alpha cannot prevent the re-disclosure of records released as a result of this request and that the records may not be subject to privacy rule protections; therefore, Alpha is released from all liability resulting from re-disclosure by 3rd party sources.
- If I choose Email as a means of communication Alpha has explained that Email may not be a secure form of communication, and there is no guarantee that any information sent by email is secure.
- I have read this form and/or have had it read to me and explained in a language that I can understand.
- This authorization continues until revoked in writing by the client/legal guardian

This authorization expires one year from the date of the client/legal guardian's signature, unless explicitly documented here:

Alternate Expiration Date								
Client/Legal Guardian		Signature		Date				
☐ Client/LG provided verbal authorization to the witness								
☐ Client/LG refused/unable to sign — Explain:								
Witness		Signature		Date				



